

MEAL PRICES:

Daily Lunch: \$3.25 (reduced \$.40)

Milk (only): \$.60

Breakfast is available to ALL students
for **FREE**

Staff Meal: \$4.00

Pomfret Community School

Breakfast & Lunch Menu

AUG/SEPT 2020

FRESH FRUITS AND VEGGIES
SERVED EVERY DAY!

8/31	9/1	9/2	9/3	9/4
<p>Grilled Cheese Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>	<p>Chicken Patty Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Choc. Chip Muffin</p>	<p>Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Apple Roll</p>	<p>Pizza Crunchers Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cinnamon Roll</p>	<p>Turkey Hot Dog Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>
9/7	9/8	9/9	9/10	9/11
	<p>Mozzarella Sticks Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cinnamon Roll</p>	<p>Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Apple Roll</p>	<p>Cheeseburger Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Choc. Chip Muffin</p>	<p>Meatball Grinder Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>
9/14	9/15	9/16	9/17	9/18
<p>Pizza Crunchers Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>	<p>Turkey Hotdog Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Choc. Chip Muffin</p>	<p>Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Apple Roll</p>	<p>Grilled Cheese Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cinnamon Roll</p>	<p>Chicken Patty Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>
9/21	9/22	9/23	9/24	9/25
<p>Cheeseburger Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>	<p>Meatball Grinder Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cinnamon Roll</p>	<p>Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Apple Roll</p>	<p>Mozzarella Sticks Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Choc. Chip Muffin</p>	<p>Chicken Tenders Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>
9/28	9/29	9/30		
<p>Grilled Cheese Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>	<p>Chicken Patty Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Choc. Chip Muffin</p>	<p>Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Apple Roll</p>		

*Menu subject to change without notice.

Welcome!

...to the 2020-2021 school year! We hope you all had a great summer!

- ❖ Please note during this time we will only have one breakfast option and one alternate lunch option. Also during this time there will be no snacks offered for purchase.
- ❖ All meals will be packaged individually in to-go style containers to keep your students safe and healthy.
- ❖ If you choose to send your child in with a home lunch, we are encouraging parents to do so in a non-fabric lunch box (preferably disposable) to ensure these items can be properly sanitized.
- ❖ We are trying to limit cash handling as much as possible. You can view your child's account balance and purchase history online! Payments for your child's lunch account can be made online with a debit/credit card at www.MySchoolBucks.com (you will need your child's student ID number).

Breakfast

A complete breakfast includes; Whole Grain based Entrée, Milk, Fruit and/or 100% Fruit Juice.



All meals will be packaged individually in to-go style packaging keeping your students'

safety our number one priority.



Lunch

If you choose to send in a home lunch, we are encouraging parents to do so in a non-fabric lunch box (preferably disposable) to ensure these items can be properly sanitized.



Lunch choices include: 1% Regular Milk and fat-free chocolate milk

What does a complete hot lunch include?

Grain, meat/meat alternate, vegetable, fruit & milk



Make all checks out to:
EASTCONN Food Services

This is an equal opportunity institution.

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