Ocean Spray® Sweetened Dried Cranberries
Sweetened dried cranberries with elderberry juice concentrate
USDA School Lunch Meal Planning Nutrition Facts

N u t r i t i o n   F a c t s

Serving Size 1.16oz (32.9 g) ¼ cup*
Servings Per Container About 138

Amount Per Serving

Calories 110   Calories from fat 0

	% Daily Value*
Total Fat 0g	**0%**
Sat. Fat 0g	**0%**
Trans Fat 0g	
Sodium 0mg	**0%**
Total Carbohydrate 28g	**9%**
Dietary Fiber 3g	**10%**
Sugars 24g	
Protein 0g	

Not a significant source of cholesterol, vitamin A, vitamin C, calcium, or Iron

∗Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Cranberries, Sugar, Citric Acid, Elderberry Juice Concentrate (for Color)

Refined sunflower oil is used as a processing aid.

*Per FBG, one serving portion (¼ cup dried fruit) equals 1.16 oz (¼ cup) of Ocean Spray® Sweetened Dried cranberries with elderberry juice Concentrate.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2013 Update)

Product: Cranberries, dried, sweetened whole

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	13.80	¼ cup dried fruit	7.3
5 lb pkg	69.00	¼ cup dried fruit	1.5
25 lb pkg	345.00	¼ cup dried fruit	0.29

Ocean Spray Equivalent per Case			
Ocean Spray Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	Ocean Spray Purchase Units for 100 Servings
10 lb pkg	138.00	¼ cup dried fruit	0.72

Per information from USDA FBG above, a serving of sweetened dried cranberries is defined as 32.9 grams per ¼ cup, based on the as purchased unit of one pound being equivalent to 13.8 servings. 32.9 grams = ¼ cup serving = 1.16 ounces
1 lb as purchased (AP) = 1 lb (about 3-3/8 cups) ready-to-cook or -serve cranberries
¼ cup dried fruit served is credited as ½ cup fruit serving in NSLP/SBP

_____02/17/2016___   _____
         Date   Research and Development