



# WHOLE LOT BETTER WHOLE GRAIN PASTA

## EGG NOODLE NUTRITIONAL FACTS

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>2 oz (56 g/1 cup)</b>
	<b>Dry</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>200</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0.5g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 20mg	<b>1%</b>
<b>Total Carbohydrate</b> 39g	<b>14%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.9mg	10%
Potassium 200mg	4%
Thiamin 0.3mg	25%
Riboflavin 0.2mg	15%
Niacin 3.9mg	25%
Folate 105mcg DFE (45mcg folic acid)	25%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredient Declaration** Whole wheat durum flour, durum wheat semolina, durum wheat flour, eggs, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, and folic acid.

**Allergens** Wheat, Eggs

