



P.O. Box 5059
 Rancho Dominguez, CA 90224-5059

National School Lunch & Breakfast Program

Product Description Uncle Ben's® Natural Whole Grain Brown Rice

UPC Code 0 54800 12111 3 **Units Per Case** 1 / 25 **lb** **Item Code** U12111

Meal Pattern Contribution

Portion Size	1/2 cup prepared
Meal Pattern	Creditable Amount
Grains (Oz. Equivalent)	1
Meat/Meat Alt. (Oz. Equivalent)	
Vegetables (Cups)	
Beans/Peas (Legumes)	

Comments

Meets the Definition of Whole Grain Rich?

Y N

Product Information

Nutrition Information, serving size & claims, are based on FDA Regulations. Portion size used in the calculation of Meal Pattern differs from FDA Serving Size.

Nutrition Facts	
Serving Size 1/4 cup dry (48g) (About 1 cup cooked)	
Servings Per Container About 236	
Amount Per Serving	
Calories 170	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 100mg	3%
Total Carbohydrate 36g	12%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 4g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 2%
Thiamin 10%	Niacin 20%
Folate 6%	
*Percent Daily Values are based on a diet of other people's misdeeds.	
Calories 2,000 2,500	
Total Fat	Less Than 65g 90g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

WHOLE GRAIN PARBOILED BROWN RICE.

- Fat Free
- Low Fat
- No Saturated Fat
- Low Saturated Fat
- 0g Trans Fat
- Cholesterol Free
- Low Cholesterol
- Sodium Free
- Very Low Sodium
- Low Sodium

I certify that the above information is true and correct.

Anne Nguyen
 Regulatory Affairs Manager

Date Signed: 11/23/2015

Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: uncle Ben's Natural Whole Grain Code No.: u 12111
 Manufacturer: Brown Rice Mars, Incorporated Serving Size: 1/2 cup cooked
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes No
 (Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No How many grams:
 (Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: H

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion ¹	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) ²	Creditable Amount
	A	B	A ÷ B
Whole Grain Brown Rice	28	28	1
Total Creditable Amount³			1 oz

Creditable grains are whole-grain meal/flour and enriched meal/flour.
¹ (Serving size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.
² Standard grams of creditable grains from the corresponding Group in Exhibit A.
³ Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.

Total weight (per portion) of product as purchased 28g (makes 1/2 cup cooked)
 Total contribution of product (per portion) 1 oz equivalent

I certify that the above information is true and correct and that a 1/2 cup portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Sarah Heller
 Signature
Sarah Heller
 Printed Name

Health/Nutrition Scientist
 Title
2/10/15 (562) 616-7514
 Date Phone Number



UNCLE BEN'S® Whole Grain Brown Rice



Gluten Free