



# Carrot, Shred Rainbow Matchstick

- Outside Coloring: Matchstick/shred of purple, orange, and yellow carrots
- Description: Sweet taste, very firm and crunchy

## Purchasing Specifications

### Availability:

Year round

### Pack Size:

- 4/5 lb
- Matchstick/shred

### FreshCut produce general cold-chain management:

- Regardless of the greatness of our quality... if the cold chain is broken, it destroys the integrity of our produce.
- Temperatures below 32°F destroy the cell structure of the produce and cause it to bleed and go limp.
- Temperatures above 40°F cause the shelf life to be shortened drastically.
- Take extra care to maintain accurate temperatures in coolers and keep them well maintained to avoid breakdowns.
- Pay close attention during the season changes.

### FreshCut produce general cooler tips:

- The coolest place in the cooler is in the back on the lowest storage shelf (cold air drops).
- Make sure coils are cleaned on regular basis.
- Keep strip curtains in good condition and straight.
- Always keep the cooler door closed.
- Keep trips in and out of the cooler to a minimum.



## Nutrition Facts

**Serving Size: 2/3 cup carrot, fresh diced rainbow**

Amount Per Serving

Calories 32	Fat Calories
% Daily Value*	
Total Fat 0 g	
Sat Fat 0 g	
Trans Fat	
Cholesterol 0 mg	
Sodium 60mg	3%
Total Carbohydrates 8g	3%
Dietary Fiber 2g	9%
Sugars 4g	
Protein <1g	
Potassium 270mg	6%
Vitamin A	Vitamin C
Calcium 2%	Iron 2%