



Citrus, Kumquat

Purchasing Specifications

Availability:

October – June

Growing Regions:

Dominican Republic, Mexico, USA

Storage/Handling:

- Water Sprinkle: No
- Top Ice: No
- Odor Sensitive: No

Receiving Information:

- Good quality kumquats should be firm and well-colored.
- Troubleshooting: Kumquats are susceptible to chill injury if stored at a low temperatures. Prevent chill injury.

- Kumquats are a small oblong fruit with golden-orange peel. Flesh contains tiny white seeds. Kumquats are complete edible. The peel is sweet-tart; the flesh is juicy and tart.
- Kumquats may be used cooked or uncooked.
- They can be used for preserves, marmalades, sauces, snacks, and garnishes.

Nutrition Facts

Serving Size: 1 fruit (1" across)

Amount Per Serving

Calories 13	Fat Calories
	% Daily Value*
Total Fat 0g	
Sat Fat 0g	0%
Trans Fat	
Cholesterol 0 mg	0%
Sodium 2mg	0%
Total Carbohydrates 3g	2%
Dietary Fiber 1g	5%
Sugars 2g	
Protein 0g	1%
Potassium 35mg	1%
Vitamin A 0%	Vitamin C 11%
Calcium 1%	Iron 1%

*Percent Daily Values are based on a 2,000-calorie diet.