



Cucumber, Pickling (Kirby)

- **Flesh Description:** Crunchy, light green with seeds
- **Outside Coloring:** Dark green
- **Usage:** Good for salads, sandwiches, relish, vegetable platter, salsa, and pickling.
- **Taste:** Slightly bitter, depending on amount of seeds - fewer seeds will yield a less bitter cucumber
- **Skin Texture:** Pebbled.

Purchasing Specifications

Availability:

Jan-Aug; Oct-Dec

Growing Regions:

Mexico, USA

Receiving Information:

- **Pitting; water-soaked spots; decay:** Indication of chill injury - chill injured cucumbers will decay rapidly after they are brought out of storage.
- **Shriveling:** Storing cucumbers in an area with low humidity will promote shriveling - maintain humidity.
- **Soft, sunken ends; loose seed cavity:** Indication of over mature product - be sure to inspect cucumbers carefully upon arrival.
- **Yellowing; softening:** Indication of ethylene exposure and storage at high temperatures. Keep cucumbers away from ethylene-producing produce an ripening rooms.

Storage/Handling:

- **Ethylene Producer:** No
- **Ethylene Sensitive:** Yes
- **Water Sprinkle:** No
- **Odor Producer:** No
- **Ripens After Harvest:** No
- **Mist:** No
- **Odor Sensitive:** No
- **Refrigeration:** Never freeze cucumbers or keep them in the coldest areas of the fridge. They will soften and become mushy.
- **Selection:** Select firm, unblemished cucumbers that are rounded at the tips and heavy for their size. Reject any products with soft spots or withered ends.
- **Washing:** Waxed cucumbers should be thoroughly washed or peeled before serving.
- **Storage:** Wrap or store unwashed cucumbers in plastic and keep in crisper until ready to use. Any unused portion of a cut cucumber should be wrapped tightly in plastic wrap and refrigerated.

Nutrition Facts

Serving Size: 1 cup sliced

Amount Per Serving

Calories 14	Fat Calories
% Daily Value*	
Total Fat 0 g	
Sat Fat 0 g	
Trans Fat	
Cholesterol 0 mg	
Sodium 2mg	0%
Total Carbohydrates 3g	2%
Dietary Fiber 1g	3%
Sugars 2g	
Protein 1g	2%
Potassium 162mg	3%
Vitamin A 1%	Vitamin C 5%
Calcium 2%	Iron 1%

*Percent Daily Values are based on a 2,000-calorie diet.