

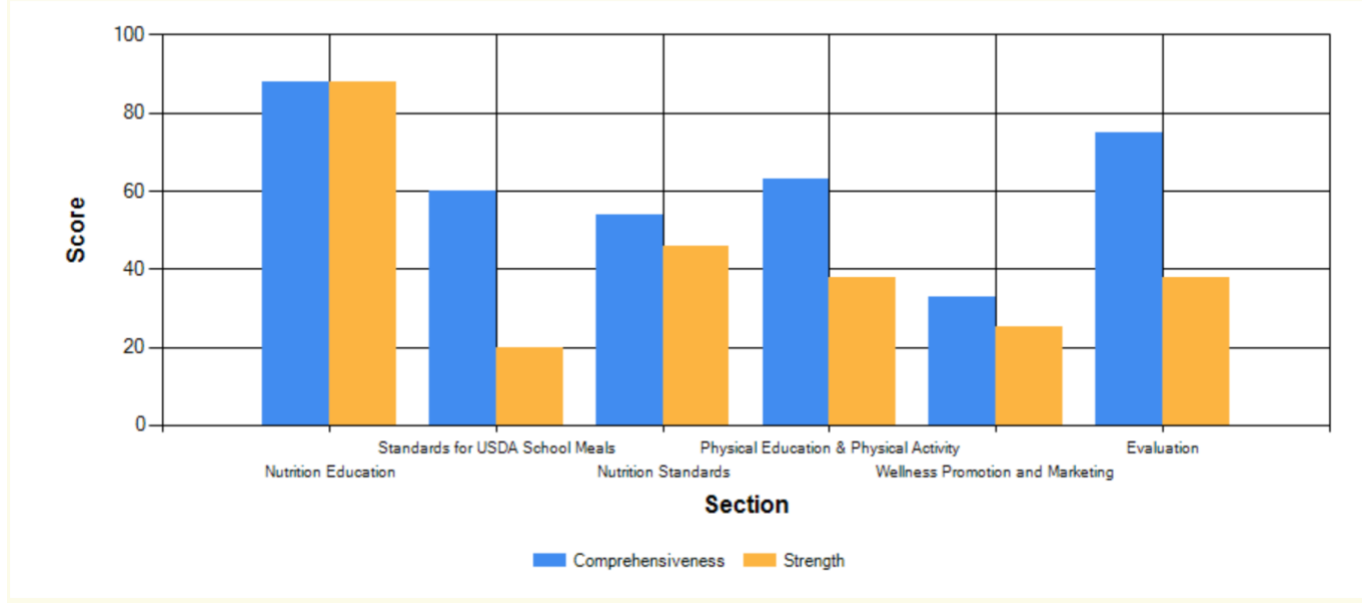
# Worksheet 4: Summary of Findings

## EASTCONN



This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the LEA’s progress toward meeting their wellness goals. Not all districts will have information to share in all four sections. Note: in Section 3 and Section 4, the LEA is only required to comment on federally required items, but may add information about other wellness topics if desired.

**Policy Name: EASTCONN**



**Section 1 (Strong Policies and Aligned Practices).** *If applicable, write a narrative below to describe your district’s areas of success in meeting its wellness goals.*

The District has successfully detailed and implemented wellness practices related to nutrition education, school meals, standards for competitive foods and beverages, and physical education in accordance with USDA regulations. Some successful practices related to the areas identified in this section include:

- Includes goals for nutrition education that are designed to promote student wellness.
- Free drinking water is available during meals.

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- Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.
- Addresses making the wellness policy available to the public.
- Identifies the officials responsible for the implementation and compliance of the local wellness policy.
- Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.
- Regulates food and beverages sold in a la carte.
- Regulates food and beverages served at class parties and other school celebrations in elementary schools.
- All meals offered to students are compliant with USDA nutrition standards.
- Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.
- Addresses making the wellness policy available to the public.

**Section 2 (Create Practice Implementation Plans).** *If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.*

Due to COVID-19, some of the practices outlined in the Local School Wellness Policy were implemented at a limited capacity. The District Wellness Committee will work on developing a plan to implement and reinstate all federal requirements during the 22/23 SY in these areas:

- Identifies the officials responsible for the implementation and compliance of the local wellness policy.
- Address the assessment of district implementation of the local wellness policy at least once every three years.
- Triennial assessment results will be made available to the public.

**Section 3 (Update Policies).** *If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.*

The District Wellness Committee will review and prioritize all federally required policy updates and provide edits to be reviewed by the School Board during SY 22-23 and update the following:

- Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.
- Regulates food and beverages served at class parties and other school celebrations in elementary schools.

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**Section 4 (Opportunities for Growth).** *If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.*

The District Wellness Committee has reviewed the Opportunities for Growth and will prioritize updating all federally required elements of the Local School Wellness Policy in the immediate future and submit for Board Approval in 22/23SY:

- Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the public) will participate in the development, implementation, and periodic review and update of the local wellness policy.
- Addresses a plan for updating policy based on results of the triennial assessment.

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For information on the USDA's LSWP requirements, visit the Connecticut State Department of Education's (CSDE) [School Wellness Policies](#) website and the Rudd Center's [WELLSAT](#) website, or contact the [school nutrition programs staff](#) at the Connecticut State Department of Education, School Health, Nutrition and Family Services, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at [https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet\\_4\\_Summarizing\\_Findings.docx](https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet_4_Summarizing_Findings.docx).



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Washington, D.C. 20250-9410; or
2. **fax:** (833) 256-1665 or (202) 690-7442; or
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